

TRILOCHAN POKHAREL



1. Personal Information

Address: Mahalaxmi Municipality, Ward No 4, Lalitpur

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Mailing Address: Nepal Administrative Staff College, Jawalakhel, Lalitpur, Nepal

2. Current Position

24 Feb 2016 onwards Director of Studies (Faculty of Governance, Public Policy and Development Studies), Research and Consulting Service Department, Nepal Administrative Staff College, Nepal

3. Academic Qualification

- 2012 MPhil in Population Studies, Central Department of Population Studies, Tribhuvan University, Kathmandu, first division first
- 2003 MA in Population Studies, Central Department of Population Studies, Tribhuvan University, Kathmandu, I division first (Gold Medalist)
- 2000 BA, Economics and Population, Mahendra Multiple Campus, Tribhuvan University
- 1996 IA, Economics, Population, Political Sciences, Ramailo Campus, Tribhuvan University
- 1992 SLC, Jana Sewa Secondary School, SLC Board of Nepal

4. Short Courses

- 2013 Sustainable Human Development: From International Frameworks to Regional Policies, Central European University and UNDP, Budapest, Hungary, online course (15 Feb-20 May 2013)
- 2013 Training Methods and Skills for Managers, National Institute of Micro, Small and Medium Enterprises, Hyderabad, India (12 November 2012 to 4 January 2013)
- 2012 Inclusive Governance, Asian Institute of Technology, Bangkok Thailand, 24 Sept - 13 Oct 2012)

5. Work Experiences

30 Sept 2010- 23 Feb 2016 Deputy Director of Studies (Faculty of Governance, Public Policy and Development Studies), Research and Consulting Service Department, Nepal Administrative Staff College, Nepal

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|----------------------|---|
| April 2008-Sept 2010 | Faculty Associate, Central Department of Population Studies, Kirtipur, Kathmandu, Nepal |
| April 2005-Feb 2008 | Lecturer, Pokhara University, Pokhara, Nepal |
| Aug -Dec 2004 | HIV/AIDS Programme Officer, SEBAC-Nepal |
| Mar 2003-Aug 2004 | Lecturer, Gramin Adarsha Multiple Campus, Kathmandu Nepal |
| Feb 2003-Aug 2004 | Teacher, Annapurna Higher Secondary School, Kathmandu Nepal |
| 1994-2002 | Principal, Batsyayan Secondary English School, Dang, Nepal |
| 1996-1999 | Centre Coordinator (Part Time), Under-Privileged Children Education Programme (UCEP), Dang Centre |
| April-June 2001 | Supervisor, Central Bureau of Statistics, District Census Office, Dang |

6. Trainings

- Ambassadors of Evidence-based Policy: Training of Trainers (15-17 March 2017), organized by Evidence for Policy Design, Harvard Kennedy School and Nepal Administrative Staff College
- Using Evidence for Smart Policy Design (19-20 July 2016), organized by Evidence for Policy Design, Centre for International Development at Harvard University and Nepal Administrative Staff College, Nepal
- Introducing Assessment Centre Selection Methodologies (22-26 Feb 2015) organized by MoGA/PREPARE and PSC Nepal
- Strategic Emergency Logistics Training (10-14 Nov 2014) organized by Ministry of Home Affairs, RedR India, UK Aid and WFP Nepal
- ToT (ToT) on Adaptation to Climate Change including Climate Change Issues (22-26 Oct 2013), organized by ICIMOD and Alliance Nepal
- ToT on Peace Building (4 days training organized by International Alert, Kathmandu, 4-7 September 2012)
- Climate Change and Environment Management (Six days training organized by Nepal Administrative Staff College and Ministry of Environment, Nepal), 2-8 November 2011.
- State Restructuring, Federalism and Transition Planning (Three days training organized by Nepal Administrative Staff College and UNDP), 26-28 July 2011.
- Demography Computation Series (Six days training organized by Dr. Samir KC, Research Scholar, IASA, Austria), Dec 24-31, 2009.
- Research Methodology (Three days training organized by University Grant Commission Nepal), June 14-16, 2008
- Human Development Training (A TOT Training conducted by National Planning Commission and UNDP Nepal, 5 days package), 2006
- HIV/AIDS and Managerial Skill Training (A TOT Training conducted by Sakriya Sewa Samaj, Nepal, 9 days package), 2003
- Do No Harm (3 days training conducted by Lutheran World Federation, Nepal), 2003
- Census Supervision Training (10 training by Central Bureau of Statistics, Nepal), 2001

7. Consulting and Special Assignments

- Team Leader, Nepal National Governance Survey 2017/18 (on going), funded by Governance Facility, 2017-2018
- Project Director, Backstopping the Capacity Development of Sub-National Governments in Nepal for Improved Service Delivery and Democratization (ongoing), funded by The Asia Foundation, 2017-2018
- Member- High Level Health Policy Restructuring Coordination Committee, led by Minister for Health, 2016-17.
- Team Leader, Institutional Arrangements of Local Units for Local Level Restructuring Commission, funded by IDEA International, 2016-17
- Team Member, Functional Analysis and Institutional Arrangement of the Forest Sector in Federal Setting of Nepal for Ministry of Forest and Soil Conservation, funded by WWF Nepal
- Team Member, Institutional Arrangement in Federal Setting for Ministry of General Administration, the Government of Nepal 2015-16.
- Designing Performance Based Incentive System for NASC, 2015
- Redesigning Senior Executive Development Programme for Joint Secretaries of the Government of Nepal.
- Focal Person, Strengthening NASC for Capacity building of Government Officials in Disaster/Climate Risk Management 2012-2014, funded by UNDP Nepal
- Team Member, Strengthening the Capacity of Department of National Parks and Wildlife Conservation for the Effective Management of Mountain Protected Areas Project” funded by National Trust for Nature Conservation/The World Bank- 2014
- Team Leader for developing Research Guidelines 2013 for Nepal Administrative Staff College
- Team Leader for developing Consulting Guidelines 2013 for Nepal Administrative Staff College
- Co-Facilitator, Leadership for Results Training Programme for Mid-Career Officers in the Civil Service of Nepal, funded by Ministry of General Administration and Asian Development Bank
- Team Member, Translating Action Plan of Population Perspective Plan 2010-2031 in Nepali and Preparing Synopsis of Population Perspective Plan, Team Leader Ram Sharan Pathak, 2009/2010
- Team Member – for preparing Action Plan for Population Perspective Plan 2008-2028 for Ministry of Health and Population, Team Leader Ram Sharan Pathak, July 2008.
- Consultant- Standardization of District Population Profile of Nepal, for Ministry of Health and Population, Feb-March 2013
- Principal Researcher – Capacity Assessment of Women and Children Service Centres of Nepal Police, for CWIN Nepal, May 2010
- Team Member- Partnership on Improving Access to Research Literature for Higher Education Institutions in Nepal (PARI), funded by British Council under Developing Partnership in Higher Education (DelPHI), Lead Team Coordinator, Ram Sharan Pathak, 2009-2012.

- Team Member – Mid-Term Evaluation of Three Year Interim Plan 2007/08-2009/10, Gender and Social Sector, Team Leader Prabha Kumari Hamal, 2009/10.
- Principal Consultant- Survey of Youth Labour Migrants in Salyan District for CWIN-Nepal, 2009.
- Team Member/Field Coordinator – Situation Analysis of Working Children in Nepalgunj Municipality and Surrounding VDCs for CWIN-Nepal, 2009, Team Leader Govind Subedi.
- Team Member – Rapid Need Assessments (RNA) of Delivering Essential Reproductive Health Care for women, men and adolescents of Mid and Far Western districts of Nepal through Mobile Reproductive Health Camps, Funded by UNFPA, Team Leader Ram Sharan Pathak, 2008-2009.
- Team Member – for preparing "Gender Audit Manual" for Ministry of General Administration, Team Leader Prabha Kumari Hamal, April to July 2008.
- Team Member – for preparing approach paper in "Gender and Food Security" supported by FAO, Team Leader, Prabha Kumari Hamal, August 2007

8. Research and Publication

- Emerging Political Economy Analysis of Role of Local Government in Post-earthquake Reconstruction (ongoing) , Principal Researcher funded by The Asia Foundation (2017-18)
- Emerging Political Economy Analysis of Education Governance at Local Level (ongoing), Team Member, funded by The Asia Foundation (2017-18)
- Does demographic structure influence public spending in Nepal? An analysis of demography-public expenditure relationship for 2001-2015, Team Leader, Funded by Nepal Administrative Staff College
- Rethinking Public Service in Nepal: The End-user Perspective in 14th South Asian Management Forum, 2017
- Costs of Public Services: How Much Do People Pay to Receive Public Services in Nepal? Team Leader, funded by Nepal Administrative Staff College, 2015.
- Poverty in Nepal: Characteristics and Challenges in Journal of Poverty, Investment and Development, Vol 11, available in <http://www.iiste.org/Journals/index.php/JPID/article/download/21743/21890>
- Investing in Young Population: Demand for Young People Responsive Intervention (Co-author), in Journal of Population and Development, published by Ministry of Health and Population, July 2014.
- Research Methods Coverage in Medical and Health Science Curricula in Nepal (Co-author), in Nepal Journal of Epidemiology, Vol 3, No 3, 2013, available in <http://www.nepjol.info/index.php/NJE/article/view/9185>.
- Learning Styles of International Participants of Executive Development Programmes, in Sky Journal of Education Research Vol 1(4), August 2013, available in <http://www.skyjournals.org/SJER/pdf/2013pdf/Aug/Pokharel%20pdf.pdf>.
- Sexual and Reproductive Health Status of Adolescents and Youth in Nepal, (coauthor) in Nepal Population Journal, published by Population Association of Nepal (PAN), August 2012.

- Corporate Dividend Policy: A Study of Commercial Banks of Nepal, (coauthor) in Administrative and Management Review, published by Nepal Administrative Staff College, August 2012.
- Caste/ethnicity Differential Fertility Transition in Nepal: Whose Fertility Declined Faster?, in Nepal Population Journal, published by Population Association of Nepal (PAN), September 2011.
- Impact of Advanced Course on Management and Development on Performance of Class II Officers of Government of Nepal, Team Member, submitted to Nepal Administrative Staff College, 2011/12.
- Impact of Professional Course on Management and Development on Performance of Class III Officers of Government of Nepal, Team Member, submitted to Nepal Administrative Staff College, 2010/11.
- Demographic Dynamics and Human Development, in Administration and Management Review, published by Nepal Administrative Staff College, August 2011.
- Pre-Conflict Demography: An Analysis of Countries having Civil Conflict after 1980s, in Administration and Management Review, published by Nepal Administrative Staff College, February 2011.
- Fertility Transition in Nepal: Role of Women's Autonomy, Team Leader, Funded by University Grant Commission Nepal (2010-2012).
- Gender Equality and Economic Growth: A Positive Synergy Hypothesis, in Nepal Population Journal, published by Population Association of Nepal (PAN), July 2010.
- Women's Empowerment: Discourses and Perspective, in Population Magazine, published by Population Student Society Nepal (PSSN), 2009, (coauthor Lila Adhikari).
- Environment and Poverty Nexus: A Case of Nepal in Hamro Sampada, 2009, (Dr. Prabha Kumari Hamal).
- Survival Impact of HIV/AIDS on Women and Children: Evidence from Cross-country Regression Analysis, submitted to Central Department of Population Studies, 2009.
- Fertility Impact of Family Planning Programme in Nepal: A Prevalence Ratio Method, submitted to Central Department of Population Studies, 2009.
- Rapid Need Assessments (RNA) of Delivering Essential Reproductive Health Care for women, men and adolescents of Mid and Far Western districts of Nepal through Mobile Reproductive Health Camps, for UNFPA, Nepal, 2008-2009.
- Determinants and Advantages of Contraceptive Prevalence in Nepal Population Journal, Vol. 13. No. 13. July 2008.
- Analyzing Relationship between Age Dynamics and Economic Growth in Nepal, funded University Grant Commission Nepal, 2008.
- Ethnic Diversity and Human Development: An Empirical Analysis of Nepal, submitted to Central Department of Population Studies, 2008
- Determinants of Age at First Sexual Intercourse for Youths of Nepal, submitted to Central Department of Population Studies, 2008
- Analyzing Risk Taking Behaviour of Conflict Induced Internally Displaced Adolescents and Youths of Pokhara Valley (coauthor) funded by United Nation Population Fund (in 2006)

- Male Involvement in Reproductive Health, A Dissertation Submitted to Central Department of Population, Funded by Nepal Health Research Council - Nepal (in 2003)

9. Research Supervision and Examination

- Socio-economic Determinant of Age Related Cataract – A Case Study of Kaski District, (in Pokhara University)
- Factors Influencing Decision on Female Sterilization – A Case Study of Kaski District, (in Pokhara University)
- Micro-enterprises: A Strategy for Reducing Rural Poverty: A Case Study of Parbat District (in Pokhara University)
- Emergency Contraception: Knowledge, Attitude and Practices among Nursing Personnel (A Case Study of Teaching Hospitals of Kathmandu Valley), Nepal (Central Department of Population Studies, Nepal)
- Factors associated with the use of Contraception (A Case Study of Nirauli VDC, Doti District), Nepal
- Impact of Women's Status in Fertility Performance (A Case Study of Fedikhola VDC, Syangja District), Nepal (Central Department of Population Studies, Nepal)
- Knowledge and Attitude on STDs and HIV/AIDS among Secondary Level School Students (A Case Study of Bhaktapur District), Nepal (Central Department of Population Studies, Nepal)
- Knowledge and Attitude towards Contraception Method and Reproductive Health among Higher Secondary School Adolescents (A Case Study of Bharatpur Municipality, Chitawan District), Nepal (Central Department of Population Studies, Nepal)
- Knowledge and Behaviour on STDs & HIV/AIDS and Drug among Secondary Level Students (A case Study of Saudhihar V.D.C, Dang), Nepal (Central Department of Population Studies, Nepal)
- Knowledge and Behaviour on STDs & HIV/AIDS and Public Participation among Schooling and Non-Schooling Adolescents (A Case Study of Katari V.D.C, Udyapuar, District), Nepal (Central Department of Population Studies, Nepal)
- Knowledge and Behaviour on STDs & HIV/AIDS and Public Participation among Secondary Level Students (A Case Study of Sanischare V.D.C, Morang), Nepal (Central Department of Population Studies, Nepal)
- Male Involvement in Reproductive Health in Tharu Community (A Case Study of Narayanpur VDC, Dang District), Nepal (Central Department of Population Studies, Nepal)
- Maternal Health Care Practices and Educational Status of Limbu Women (A Case Study of Ambung VDC, Tehrathum District), Nepal (Central Department of Population Studies, Nepal)
- Sexual Behaviours of Trekking guides: An analysis of Knowledge of Condom use and STDs & HIV/AIDS in Nepal (Central Department of Population Studies, Nepal)
- Situation Analysis of Domestic Child Labour in Urban area of Nepal (A Case Study of Biratnagar Sub-metropolitan City, Morang District), Nepal (Central Department of Population Studies, Nepal)

- Situation Analysis of Elderly People (A Case Study of Morang District), Nepal (Central Department of Population Studies, Nepal)
- Situation Analysis of In-Migrants in Lekhnath Municipality (A Case Study of Lekhnath Municipality, Kaski District), Nepal (Central Department of Population Studies, Nepal)
- Situation Analysis of Street-based Commercial Sex Workers in Nepal (A Case Study of Kathmandu Valley), Nepal (Central Department of Population Studies, Nepal)
- Unmet Need for Family Planning & Reason for Non-Use of Contraception (A Case Study of Ward No. 7, Atterkhel of Jorpati V.D.C), Nepal (Central Department of Population Studies, Nepal)
- Knowledge on HIV/AIDS and Condom Use Among the Jnanajati Adolescents: A Case of Banke District (Central Department of Population Studies, Nepal)

10. Paper Presentation and Participation

- Building Capacity to Act on Evidence: What Does it Take?, participation, organized by Evidence for Policy Design, Harvard Kennedy School, 6-7 June 2017, at Harvard Kennedy School, Cambridge, USA
- Rethinking Public Service Service Delivery in Nepal: The End User Perspective in 14th South Asian Management Forum organized by Association of Management Development Institutions in South Asia and hosted by MUN Business School, Maldives, 24-26 April 2017
- Does demographic structure influence public spending in Nepal? An analysis of demography-public expenditure relationship for 2001-2015 in Policy Discourse and Research Conference on Public Policy and Governance in South Asia –I, organized by Nepal Administrative Staff College, Niti Foundation, The Asia Foundation, Institute for Social and Environmental Transition-Nepal, Institute of Public Enterprise India, BRAC Institute of Governance and Development Bangladesh and Think Tank Initiative India, 10-11 July 2017, Kathmandu, Nepal
- Human Sustainable Development: Global Issues in 13th South Asian Management Forum organized by Association of Management Development Institutions in South Asia and hosted by Institute of Certified Professional Manager, Colombo, Sri Lanka, 26-27 March 2015.
- Poverty in Nepal: A Challenge for Sustainable Human Development, presented in International Conference in Poverty and Sustainable Development 2014, Colombo, Sri Lanka, 17-18 June 2014.
- Gender Equality and Economic Growth in Nepal: A Positive Synergy Hypothesis, presented in International Population Conference, organized by International Union for Scientific Study of Population Sciences, held in Busan, South Korea, 26-31 August 2013.
- Fertility Transition in Nepal: Role of Women's Autonomy, presented in International Population Conference, organized by International Union for Scientific Study of Population Sciences, held in Busan, South Korea, 26-31 August 2013.
- Management Education in Nepal: Status, Spatial Distribution and Gender Diversity, presented in South Asian Management Forum, organized by Association of Management Development Institutions in South Asia, held in Pune, India, 14-16 February 2013.

- Fertility Impact of Family Planning Programmes in Nepal: An Evaluation of Family Planning Programmes using Prevalence Ratio Method, presented in 2nd Asian Population Association Conference, held in Bangkok, Thailand, 26-29 August 2012.
- Analyzing Relationship between Age Dynamics and Economic Growth of Nepal, presented in 2nd Asian Population Association Conference, held in Bangkok, Thailand, 26-29 August 2012.
- Ethnic Diversity and Human Development: An Empirical Analysis of Nepal, presented in 11th South Asian Management Forum, held in Kathmandu, Nepal, 16-17 May 2011.
- Demographic Dynamics and Human Development, presented in First Asian Population Association Conference, held in New Delhi, 16-20 November 2010.
- Ethnic Diversity and Human Development: An Empirical Analysis of Nepal paper presented in Martin Chautari, Nepal, October, 2008.
- Analysing Risk Taking Behaviour of Conflict Induced Internally Displaced Adolescents and Youths of Nepal paper presented in International Conference on Emerging Population Issues in the Asia Pacific Region: Challenges for 21st Century held in Mumbai, India, 10-13 December, 2006.
- Women and Education, paper presented in a conference organized by Alpha Education Foundation, Pokhara, 2007
- Equality, paper presented on the occasion of World Population Day 2005, organized by Pokhara University, UNFPA Regional Office Pokhara, District Development Committee, Kaski, Nepal

11. Editorial Work and Other Assignment

- Member Secretary- Research Committee, Nepal Administrative Staff College
- Editor, Cases of Public Administration in Nepal, published by Nepal Administrative Staff College
- Managing Editor, Journal of Management and Development Studies, published by Nepal Administrative Staff College (www.nasc.org.np)
- Editor, Nepal Population Journal, published by Population Association of Nepal (www.pan-nepal.org)

12. Keynote Speaker and Guest Lecture

- Public Policy Process in Federal Set-up: Opportunities, Challenges and Way Forward organized by Ministry of Federal Affairs and Local Development, 3 December 2017, Nepal
- Federalization in Nepal: Understanding, Opportunities, Complexities and Way Forward, in NASC Discussion Series 26, 11 April 2016, Nepal
- Governance in Nepal: Issues, Context, Discourse and Critical Gaps, in Policy Philosophies Discourses organized by Nepal Administrative Staff College, Alliance for Social Dialogue and Niti Foundation, 10 Sept 2013, Kathmandu
- Population and Development: Exploring the Links, inaugural speech on NASC Discussion Series, 31 May 2013, Nepal Administrative Staff College

- Nepal on the Move: Contemporary Issues of Development at Asian Institute of Management, Philippines, 4 April 2013.
- Concept and Approach of Development for officers of Government of Nepal, 2011
- State of Poverty and Poverty Reduction Strategies in Nepal for Officers of the Government of Nepal, 2011
- Good Governance: Approaches, Principles and Challenges for officers of Local Institutions of Nuwakot District, Nepal, 2011.
- Constituent Assembly organized by SOS Children Village, Pokhara, 2007
- Constituent Assembly and Role of Youths organized by Youth Initiative Pokhara, 2007
- Constituent Assembly and Federalism organized by Youth Initiative Pokhara, 2007

13. Training Facilitation

Lead facilitator for more than 30 trainings organized for different organizations. The strategic trainings are:

- Senior Executive Development programme for Joint Secretaries of the Government of Nepal
- Advanced Course on Management and Development for Under Secretaries of the Government of Nepal
- Professional Course on Management and Development for Section Officers of the GOVERNMENT of Nepal

Subject area facilitated

- Governance and public policy
- Inclusive governance
- Federalism and state restructuring
- Demography and development
- Contemporary development issues
- Research Methodology
- Disaster Risk Management

14. Training Manual Preparation

- Training Manual on Integrated Climate Risk Management and Disaster Risk Management Approach in Structural and Non Structural Measures for Department of Water Induced Disaster Management (DWIDM), funded by UNDP Nepal, 2017
- Training Manual on Inclusive Governance, prepared for the Public Sector Employees, funded by ESP/DFID, 2013
- Training Manual on Disaster/Climate Risk Management for short course (5 days course) and long course (30 days course) for the Officials of the Government of Nepal, Nepal Administrative Staff College, 2014

15. Visiting Faculty

- Institute of Engineering, Pulchowk, for M Sc in Urban Planning
 - Demography and Planning
- School of Management, Pokhara University (2005-2008)
 - Research Methodology
 - Sociology

16. Professional Association

- Organizing Committee Member, Policy Discourse and Research Conference on Public Policy and Governance in South Asia –I, organized by Nepal Administrative Staff College, Niti Foundation, The Asia Foundation, Institute for Social and Environmental Transition-Nepal, Institute of Public Enterprise India, BRAC Institute of Governance and Development Bangladesh and Think Tank Initiative India, 10-11 July 2017, Kathmandu, Nepal
- Member, Conference Organizing Committee and Abstract Review Committee, 2nd International Conference on Poverty and Sustainable Development, 15-16 Dec 2016, Colombo Sri Lanka, organized by TIHKM, Sri Lanka, Nepal Administrative Staff College, Nepal and Partnership for Poverty Action, Nepal
- Conference Secretary, First National Population Conference 5-7 June 2014, Kathmandu, Nepal
- General Secretary (2012-14)- Population Association of Nepal
- General Secretary- Sahara Paramarsha Kendra, Nepal
- Vice President- Population Development Centre, Kathmandu
- Member- International Union for Scientific Study of Population (IUSSP)
- Member, Asian Population Association, Bangkok, Thailand
- Life Member - Population Association of Nepal (PAN), Kathmandu, Nepal
- Board Member - Transcultural Psychosocial Organization, Nepal
- Founder Member - Adolescent, Women and Respect Elderly (AWARE) Society – Nepal, Kathmandu
- General Secretary – Pokhara University Teachers' Association (2006-2009)

17. Awards

- Best Employee Award, Nepal Administrative Staff College in 2015
- Best Employee Award, Nepal Administrative Staff College in 2013
- Mahendra Vidhya Bhusan (Gold Medal), from His Majesty King Gyanendra in 2004, for scoring First Division First Marks in Master of Arts in Population Studies in the year 2002.
- Tarapad Chaudhary Gold Medal, from Tribhuvan University for scoring First Division First Marks in Master of Arts in Population Studies in the year 2002.
- Teacher of the School Award, from Batsyayan Secondary School, Dang in 2001.
- Best Student Award, from ESCOL Computer Education, Dang Centre

18. Language Skills

Nepali – Mother tongue

English – Spoken (Fluent), Reading (Advanced), Writing (Advanced)

Hindi- Basic

19. Computer Skills

- One year Diploma in Computer and Telecommunication, ESCOL Dang Centre
- 6 Months Certificate in Computer Application, Bhanu Computer Institute Dang
- Good knowledge of SPSS
- Basic knowledge of MORTPACK and SPECTRUM
- Basic knowledge of Eviews

20. Country Visited

USA, South Korea, Philippines, Thailand, India, Sri Lanka, China, UAE, Qatar, Singapore, Maldives